

Major Landform Divisions of North America

- (A) Canadian Shield
- (B) Arctic Coastal Plains
- (C) Gulf Atlantic Coastal Plains
- (D) Piedmont
- (E) Appalachian Highlands
- (F) Interior Highlands
- (G) Interior Plains
- (H) Rocky Mountains
- (I) Intermountain Basins and Plateaus
- (J) Pacific Mountains and Valleys

